

Destination Package for Kailash - Manasarovar Yatra With Muktinath



At a Glance



21 - Day Programme. Visit of Kathmandu, Muktinath Temple, Nyalam, Saga, Paryang, Mansarovar etc.

KAILASH - MANASAROVAR YATRA WITH UKTINATH

DAY BY DAY PROGRAM

DAY 1	DEPART HEATHROW.
DAY 2	Arrive Kathmandu; the group would be transferred to the hotel. Overnight at Hotel. L, D
DAY 3	After breakfast, darshan of Pashupatinath Temple and drive to Pokhara stopping en route at Kurintar for Cable Ride to MANAKAMNA TEMPLE –" Wish Fulfilling Goddess ". Proceed to Pokhara.Over night at Hotel Fishtail Lodge (B,L,D)
DAY 4	After Breakfast Fly Pokhara / Jomsom by Fixed Wing Craft. Transfer to Muktinath Temple by Jeep / Pony. Over night at Guest House in Muktinath (B,L,D)
DAY 5	In the morning, darshan of the Muktinath Temple and Holy Bath at the sprout of The Temple. Return to Jomsom for o/nt by Jeep / Pony. (B,L,D)
DAY 6	After Breakfast, Fly Jomsom / Pokhara by regular Fixed Wing Craft. Proceed to Janakpur. O/nt at Hotel . (B,L,D)
DAY 7	In the morning, Darshan of Janaki Mandir. PM Fly Janakpur / Kathmandu. Transfer to Hotel Annapurna. Rest and final Preparation of the Yatra . O/nt at Hotel (B,L,D). Evening: Clothing inspection and tour briefing, Dinner and overnight at hotel.
Day 8: Kathmandu - Nyalam	From Katmandu to Nyalam - depart at 5.00 am from Kathmandu and drive through the Nepal-Tibet border along the famous Araniko Highway . Stop for a quick breakfast at Dhulikhel and lunch at Kodari. After immigration and customs formalities on both sides (Kodari and Zhangmu), we drive to the small town of Naylam (3700 m). Please note that the guest-houses in Tibet will be of a very basic and dormitory style. Drink lots of water.
Day 9: Nyalam	A day for rest - to facilitate altitude acclimatization. We may do some hiking around. All meals and overnight stay at the same guest house/camp.
Day 10: Nyalam - Saga	Drive to Saga (250 kms 4500 m). We start after breakfast, enjoying the grand view of Mt.Shishapangma(8021 m), Gauri Shanker and other high mountains from Lalug la (5050 m) pass. Packed lunch will be served at sacred Lake Pigutso. Overnight camp/guest house.
Day 11: Saga - Paryang	Drive to Prayang - after breakfast we drive across the vast Tibetan plateau to Prayang (225 km). Packed lunch will be served, O/N camp/guest house.

Day 12: Paryang / Horr Chu	From Prayang to Lake Manasarovar Camp at Horr Chu. The auspicious day for all travelers having first glimpse of the Holy Manas and Darshan (view) of Mt.Kailash from The Horr Chu pass. Camp for night on the shores of Lake Manasarovar.
Day 13: Manasarovar	Rest in Lake Mansarovar . The experience of being in the abode of God, while we spend 1 day in Lake Mansarovar it will help us to acclimatize, we can take bath then Drive to Darchen, if time permit trek up to Gangtak Gompa to view close view of Holy Kailash.
Day 14: Parikrama - Dirapuk	Start Parikrama of Kailash - early in the morning, trek up to Diraphuk (north face of Kailash). 12 Kms.
Day 15: Zutulphuk	Trek to Zuthulphuk Gompa - Parikrama - the day of challenging journey that every pilgrim talks about. We trek up to Dolma La Pass (5600 m) , offer very short Prayers at the Dolmala and go down towards the Gaurikunda. Lunch and dinner, as usual, will be provided at the camp, in front of medicine Buddha Mountain near by Zuthulphuk Gompa. 14-15 Kms.
Day 16: Darchen	Zuthulphuk - Darchen - after breakfast, we trek around 8 kms to reach the point where our jeeps will be waiting for us and drive to Darchen, or we can walk. Parikarama ends and same day drive to Horr Chu. Lake Mansarovar to fill the holy water in bottle.
Day 17: Paryang	We return through the same route. The same procedure as earlier will be followed for meals and accommodation. Drive to Prayang.
Day 18	Drive back to Saga.
Day 19	Drive to Naylam.
Day 20	Drive to Kathmandu. O/N hotel.
Day 21	Kathmandu – departure to airport for your flight to onward destination.

Prices Includes	Prices not includes
Return flights	Travel Insurance
Arrival / departure transfers	Evacuation Cost
Accommodation at hotel Annapurna in Kathmandu (5 * hotel)	Visa for Nepal, Nepal Airport tax
All the Meals. (Full Board)	Extra cost in the event of landslide for hiring Porterage Or additional transportation
Cable Car fee for Manakamna Temple	Expenses of personal nature.
Kathmandu / Pokhara & Pokhara / Kathmandu transfer by A/C Deluxe. Van Sector : Pokhara / Jomsom / Pokhara by Flight	Domestic and International Airport Taxes
Accommodation at Jomosm / Muktinath on simple full board basis and Conservation Fee.	Tip £20 per person.
Pony/Jeep at Jomsom	
The entire entrances fee	
DURING KAILASH YATRA :	
Accommodation at Hotels / Guest Houses/Camps as per Itinerary.	
4500 Model Japanese Land cruiser (4 people in 1 Jeep)	
Support Truck	
1 English Speaking Tibetan Guide	
Highly experienced Trekking Staff comprising of 1 Nepali Team Leader.	
Yaks & Yak-men for Porterage during Kailash Parikarma.	

All Permits Tibet / China Visa Fee		
Gamow Bag		
Chinese Roaming Phone		
Walkie-Talkie Set		
Medical Oxygen and First aid-kit.		
Pony/Jeep at Jomsom. Simple accommodation at Janakpur.		
Return International flights.		
1 Cook experienced in preparing vegetarian Indian Food.		
Sherpa Staff Camping Equipment comprising of Sleeping Tents with mattress & sleeping bag.		
Package Cost	Adult	Child
£ (Per Person)	2250.00	
DATES	Depart	Return
	20/06/2009	11/07/2009
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